

Learning 2 Sleep L2S AB begins collaboration with the digital corporate health company Wellbefy

Learning 2 Sleep L2S AB has signed a cooperation agreement regarding B2B services with the digital corporate health company Wellbefy. The collaboration is part of the strategy to develop Learning 2 Sleep's range of services and offers business solutions for recovery and sleep problems.

The collaboration consists of offering L2S's sleep and mental health expertise to Wellbefy's customers on their SaaS platform for health and work environment work. Adequate recovery and good sleep have a proven impact on a range of cognitive functions, such as performance and productivity, and are fundamental to a sustainable work environment.

"Wellbefy are super excited and proud to start this collaboration and have Learning to Sleep in our expert network. To be able to help our customers one step further when it comes to sleep and recovery. Via our platform, they will be able to get help from Learning to Sleep on both an individual and organizational level. For us, it is important to be able to help our users both when they have major challenges, but also with the aim of strengthening and maintaining health. A mindset we feel we share with Learning to Sleep." says Sandra Jönsson, founder & CEO of Wellbefy

"Sleep and recovery are an incredibly important part of creating a sustainable working life and contribute to increased productivity and motivation. Therefore, we are very happy to have started a collaboration with Wellbefy where we can reach out with our knowledge and expertise to create more prosperous and well-functioning organizations and employees. Wellbefy shares our vision of working systematically and structured to achieve concrete results and at the same time continue to keep the human factor extremely central." says Lina Johansson, CEO of Learning 2 Sleep L2S AB (publ).

The company does not currently provide a forecast of what the collaboration will bring in terms of revenue but expects that a successful collaboration will generate revenue in Q2 or Q3 2023 at the earliest.

About Learning to Sleep

Learning to Sleep is a digital healthcare provider specializing in the treatment of chronic sleep disorders. The treatment is a combination of a structured treatment program in a mobile application and weekly digital meetings with a psychologist. The company's treatment is based on the latest research in the field and is very successful - over 90 percent of the patients treated get improved sleep. Sweden is the company's main market and the treatment is offered as part of the tax-financed care choice.



For more information see www.learningtosleep.se

The company's Certified Adviser is Eminova Fondkomission AB | 08-684, 211 10 | adviser@eminova. se

About Wellbefy:

Wellbefy builds the next generation of corporate health. Through real-time data, every organization, team, and employee can run their own health development work and get help based on their current health status. An innovative digital solution, but still with a human touch. This means that when the digital tool is not enough, an expert network in rehab and health promotion work can jump in. Something that makes the tool much more accessible, cost-effective, and smart than traditional company health.

Contacts

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Attachments

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