

H100 Group AB appoints Johannes Wiik as new Chief Executive Officer

The Board of Directors of H100 Group AB ("H100" or the "Company") has today appointed Johannes Wiik as the Company's new Chief Executive Officer, effective immediately. He succeeds Sander Andersen, who, following a resolution by the Annual General Meeting held on 18 September 2025, will assume the role of Chairman of the Board. At the Annual General Meeting, Johannes Wiik was also elected as a member of the Board of Directors.

Sander Andersen will continue to serve the Company as Executive Chairman, remaining fully engaged in its operations and pursuing the same strategic and operational initiatives as he has done in his role as Chief Executive Officer, albeit under a different formal title.

Johannes Wiik previously served as Chief Operating Officer of H100. He holds a Master of Law degree from the University of Oslo and has a professional background as a lawyer at Wiersholm, one of Norway's leading law firms, specializing in corporate law and mergers & acquisitions. In addition to his new role, Mr. Wiik currently serves on the Boards of H100 Group AB, Healthy to 100 AS, H100 Technology AS, Entirebody Coaching AS and Jowi Holding AS.

Sander Andersen, Executive Chairman of H100 Group AB, commented:

"This transition represents a natural development for H100. By stepping into the role of Executive Chairman, I can dedicate more of my time to strategic initiatives and fundraising, while Johannes takes on the day-to-day leadership of the Company. Together, this structure enables us to fully leverage our respective strengths and ensure continued progress on the strategic and operational priorities that matter most. I am highly optimistic about H100's growth with this new leadership structure."

Johannes Wiik, Chief Executive Officer of H100 Group AB, said:

"I am honored to be appointed CEO of H100. I look forward to continuing to develop the Company and to delivering long-term value for our shareholders. I am excited to take on this role and build on the strong foundation we have established."

Contact

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PRESS RELEASE

19 September 2025 14:09:00 CEST

About H100 Group

H100 Group AB is a health technology company in the health and longevity industry with an active Bitcoin Treasury Strategy. The company's business idea is to support providers of health and lifestyle services through AI-powered automation, digital growth tools, and integrated platform solutions, with the goal of helping people live healthy lives to 100 and beyond.

H100 follows a clear growth strategy focused on building a seamless ecosystem where AI integration enhances efficiency and expands service offerings. Growth is further accelerated through strategic acquisitions of key players within its ecosystem, aiming to consolidate and scale the business.

The company is listed on NGM Nordic SME. For more information, visit www.h100.group.

This information is information that H100 Group is obliged to make public pursuant to the EU Market Abuse Regulation. The information was submitted for publication, through the agency of the contact persons set out above, at 2025-09-19 14:09 CEST.