

1	Details of the person discharging managerial responsibilities/person closely associated													
a)	Name	Hans Hekland												
2	Reason for the notification													
a)	Position/status	Board member and primary insider of Lifecare ASA												
b)	Initial Notification / Amendment	Initial with respect to shares and warrants allocated in rights issue based on underwriting commitment												
3	Details of the issuer													
a)	Name	Lifecare ASA												
b)	LEI	254900D88MYGZ7JD5P39												
4	Details of the transaction:													
a)	Description of the financial instrument, type of instrument Identification code	Allocation of shares in Lifecare ASA, with ISIN NO0013355859 Allocation of Warrants Series 1, with ISIN NO0013709196 Allocation of Warrants Series 2, with ISIN NO0013709204												
b)	Nature of the transaction	Allocation of shares and warrants in rights issue. The subscription of 200,000 shares (and the corresponding number of warrants) was notified on 14 January 2026. On 22 January 2026, Hekland was allocated an additional 620,261 shares (and the corresponding number of warrants) pursuant to his underwriting obligation for the rights issue. The numbers set out below reflect the total number of shares and warrants allocated to Hekland in the rights issue. The allocations have been made to Hekland personally and not to Hannibal Invest AS as initially indicated.												
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price</td><td>Volume(s) of shares</td></tr> <tr> <td>NOK 0.50</td><td>820,261</td></tr> </table> <table border="1"> <tr> <td>Price</td><td>Volume(s) of Warrants Series 1</td></tr> <tr> <td>NOK 0.00</td><td>615,196</td></tr> </table> <table border="1"> <tr> <td>Price</td><td>Volume(s) of Warrants Series 2</td></tr> <tr> <td>NOK 0.00</td><td>615,196</td></tr> </table>	Price	Volume(s) of shares	NOK 0.50	820,261	Price	Volume(s) of Warrants Series 1	NOK 0.00	615,196	Price	Volume(s) of Warrants Series 2	NOK 0.00	615,196
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Price	Volume(s) of Warrants Series 2									
NOK 0.00	615,196									
e)	Date of the transaction	2026-01-14 (subscription of 200,000 shares and the corresponding number of warrants, as previously notified) 2026-01-22 (allocation of an additional 620,261 shares and the corresponding number of warrants based on underwriting commitment)								
f)	Place of the transaction	Outside a trading venue								