

**PRESS RELEASE**

13 January 2026 08:20:00 CET

## **The Nomination Committee's proposal regarding the Board of Directors of Humana for the 2026 AGM**

Ahead of the Annual General Meeting 2026, The Nomination Committee proposes that the Board of Directors, for the period until the end of the next AGM, shall consist of seven members elected by the Annual General Meeting without alternates.

Humana's Nomination Committee prior to the 2026 AGM consists of Fredrik Strömholm, appointed by Impilo Care AB (Chairman of the Nomination Committee), Alexander Kopp, appointed by Incentive AS, Anette Andersson, appointed by SEB Asset Management, Richard Torgerson, appointed by Nordea Funds AB and Anders Nyberg, Humana's Chairman of the Board.

Since the autumn of 2025, The Nomination Committee has been working to evaluate the work and composition of the Board.

The Nomination Committee proposes re-election of the Board members Grethe Aasved, Carolina Oscarius Dahl, Monica Lingegård, Leena Munter, Anders Nyberg, Ralph Riber and Fredrik Strömholm. The Nomination Committee proposes that Anders Nyberg be elected Chairman of the Board.

"In 2023, several strong new members were recruited to Humana's Board of Directors, and we still see great value in having continuity on the Board to support Humana's continued development in several areas, not least given that the company has new senior executives in several positions", says Fredrik Strömholm, Chairman of the Nomination Committee.

The Nomination Committee's other proposals for the AGM on May 7, 2026, and the statement on the proposed Board will be available on the company's website [www.humanagroup.se](http://www.humanagroup.se) in connection with the publication of the notice convening the AGM.

**For more information, please contact:**

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**About Us**

*Humana is a leading Nordic care company providing services within individual and family care, personal assistance, elderly care and special service housing in accordance with LSS. Humana has 23,000 employees in Sweden, Norway, Finland and Denmark providing care for approximately 10,000 individuals and working to achieve the vision "Everyone is entitled to a good life". In 2024, Humana's net revenue was SEK 10,295m. Humana is listed on Nasdaq Stockholm and the company's headquarters are located in Stockholm. Read more about Humana on: <https://www.humanagroup.com/>*