

Learning 2 Sleep represents the Nordic region at HIMSS22 in Helsinki

Learning 2 Sleep is one of 13 Nordic health tech companies selected to represent digital health in the Nordic region at the international conference HIMSS22 in Helsinki on 14-16 June.

To showcase the width of companies in digital health and "digital therapeutics - Dtx", the Nordic cluster organization Health Tech Nordic has selected 13 companies that represent the latest technology in digital health and presents them in a joint stand at the international conference HIMSS22 in Helsinki. The companies present everything from digital triage services to - as in the case of Learning 2 Sleep - concrete treatments for chronic diseases.

"We are proud and happy to have this opportunity and to have been selected. The conference gives us the opportunity to create contacts with major international players such as Cerner, GE-health and ResMed, who have all been perfect partners in our international venture. Thanks to Health Tech Nordic and their joint venture, we are part of a larger context, which of course increases the interest from international players to get in touch," says Micael Gustafsson, CEO of Learning 2 Sleep L2S AB (publ).

[HIMSS22](#) is expected to have over 800 visitors from 30+ countries. The congress take place 14-16th of June in Helsinki, Finland.

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About Us

Learning to Sleep is a digital care provider specializing in the treatment of chronic sleep disorders. The treatment is a combination of a structured treatment program in a mobile application and weekly digital meetings with a psychologist. The company's treatment is based on the latest research in the field and is very successful - over 90 percent of the patients treated receive improved sleep. Sweden is the company's main market and the treatment is reimbursed by public health care.

For more information see www.learningtosleep.co.uk

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