1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Teigland Eiendom AS		
2	Reason for the notification			
a)	Position/status	A company closely associated with Trine Teigland, member of the board of directors of, and primary insider, in Lifecare ASA		
b)	Initial Notification / Amendment	Initial		
3	Details of the issuer			
a)	Name	Lifecare ASA		
b)	LEI	254900D88MYGZ7JD5P39		
4	Details of the transaction:			
a)	Description of the financial instrument, type of instrument Identification code	Subscription rights in Lifecare ASA, with ISIN NO0013250563		
b)	Nature of the transaction	Sale of subscription rights in rights issue		
c)	Price(s) and			
	volume(s)	Price	Volume(s)	
		NOK 0.10	8,086,774	
d)	Aggregated			
	information — Aggregated	Price	Volume(s)	
		NOK 808,677.40	8,086,774	
	volume — Price			
e)	Date of the	2024-06-07		
	transaction			
f)	Place of the transaction	Outside a trading venue		