

TRADE SUBJECT TO NOTIFICATION - SHARES FOR EMPLOYEES 2024

On 19 June 2024, Grieg Seafood ASA's annual general meeting authorized Grieg Seafood ASA (the "Company") to sell Grieg Seafood ASA shares owned by it to Grieg Seafood group employees in connection with the Company's share saving program (the "Program"). The purpose of the Program is to strengthen Grieg Seafood's culture and to encourage loyalty through employees becoming shareholders of the Company.

Grieg Seafood ASA has today started the transfer of 110 565 Grieg Seafood ASA shares held by it to employees participating in the Program (the "Participants"). The shares have been purchased at a subscription price of NOK 60.439 per share (the "Subscription Price") before discount. The Subscription Price corresponds to the volume-weighted average share price as traded on Oslo Børs Euronext in the period from 27 November 2024 to 11 December 2024. The participants received a 30% discount on the Subscription Price. The maximum number of shares per employee to be purchased under the Program was 827. All shares transferred under the Program are subject to a lock-up period of 18 months beginning with the date of transfer. Following the transfer of the share to participating employees, the Company still holds 1 203 089 own shares.

For enquiries, please contact:

Atle Harald Sandtorv, CFO Cell phone +47 908 45 252

About Grieg Seafood

Grieg Seafood ASA is one of the world's leading salmon farmers. Our farms are in Finnmark and Rogaland in Norway, and British Columbia as well as Newfoundland in Canada. Our headquarter is located in Bergen, Norway. Grieg Seafood ASA was listed at the Oslo Stock Exchange in June 2007.

Sustainable farming practices are the foundation of Grieg Seafood's operations. The lowest possible environmental impact and the best possible fish welfare is both an ethical responsibility and drive economic profitability.

To learn more, please visit www.griegseafood.com.

The information is publicly disclosed in accordance with article 17 of the Market Abuse Regulation as well as section 5-12 of the Norwegian Securities Trading Act. The stock exchange announcement was published by May Hansen, adm.secretary, Grieg Seafood Group ASA, on 13 December 2024 at 15:33 p.m. CET.