

SED Energy Holdings Plc: USD 20 million cash distribution proposed

Nicosia, Cyprus - November 26, 2025 - SED Energy Holdings Plc ("Energy Holdings") today announced that the Board of Directors has proposed a cash distribution of USD 20 million, estimated to NOK 0.28 per share, for the third quarter of 2025 (the "Distribution").

The Distribution will be classified as a return of paid-in capital for accounting purposes and remains subject to shareholder approval at an Extraordinary General Meeting (EGM). Details of the EGM will be provided in the forthcoming Notice.

Further details, including the record date, payment date, and final exchange rate will be announced in due course.

For further information, please contact: ir@energyholdings.cy

About Energy Holdings

SED Energy Holdings Plc (ticker code "ENH") is a strong industrial partner with a diversified portfolio of resilient, cash-generative assets supported by a robust revenue backlog and a conservative capital structure. Energy Holdings' primary focus is on distributing all excess liquidity to shareholders, while also pursuing disciplined, value-accretive growth. For more information, please visit www.energyholdings.cy.

This information is subject to disclosure requirements pursuant to Section 5 -12 of the Norwegian Securities Trading Act.