1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Teigland Eiendom AS		
2	Reason for the notification			
a)	Position/status	A company closely associated with Trine Teigland, member of the board of directors of, and primary insider, in Lifecare ASA		
b)	Initial Notification / Amendment	Initial		
3	Details of the issuer			
a)	Name	Lifecare ASA		
b)	LEI	254900D88MYGZ7JD5P39		
4		ails of the transaction:		
a)	Description of the financial instrument, type of instrument Identification code	Warrants in Lifecare ASA, with ISIN NO0013250589 TR		
b)	Nature of the transaction	Exercise of warrants issued in connection with the Right Issue		
c)	Price(s) and			
	volume(s)	Price	Volume(s)	
		NOK 5.31681	100,922	
d)	Aggregated			
	information — Aggregated volume — Price	Price	Volume(s)	
		NOK 536,583.1	100,922	
e)	Date of the transaction	2025-06-05		
f)	Place of the transaction	Outside a trading venue		