

SED Energy Holdings Plc: Resignation of board member

Nicosia, Cyprus - July 2, 2025 - Ståle Roar Rodahl has informed SED Energy Holdings Plc ("Energy Holdings") of his decision to resign from his position as a member of the Board of Directors, effective immediately.

The Chairman of the Board, Alf C. Thorkildsen, extends his appreciation to Mr. Rodahl for his valuable contributions during the recent merger process and the establishment of Energy Holdings.

The Board of Directors will initiate the process of identifying a suitable replacement, and an extraordinary general meeting to elect a new board member will be convened in due course.

For more information, please contact:

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About Energy Holdings

SED Energy Holdings Plc (ticker code "ENH") is a strong industrial partner with a diversified portfolio of resilient, cash-generative assets supported by a conservative capital structure, a robust revenue backlog and a conservative capital structure. With a solid foundation for attractive capital returns, Energy Holdings' primary focus is on distributing all excess liquidity to shareholders, while also pursuing disciplined, value-accretive growth. Its current portfolio includes wholly owned subsidiaries Energy Drilling, a leading owner and operator of tender assisted drilling rigs, and SeaBird Exploration, a global provider of marine seismic acquisition data to the oil and gas industry. For more information, please visit www.energyholdings.cy.

This information is subject to the disclosure requirements pursuant to Section 5-12 the Norwegian Securities Trading Act.