

## Energy Holdings: Invitation to presentation of Q1 2026 results

**Limassol, Cyprus, May 22, 2026: SED Energy Holdings Plc ("Energy Holdings") will publish its consolidated financial results for the first quarter of 2026 on Friday, May 29, 2026, at 06:00 CEST.**

A live audio webcast will be held the same day at 10:00 CEST, hosted by Kurt M. Waldeland, Chief Executive Officer, Sveinung Alvestad, Chief Financial Officer, and Viggo Pedersen, Chief Investment Officer. The webcast will include a Q&A session, and participants may submit questions in writing at any time during the event.

The webcast can be accessed via the following link:

<https://events.streamhub.no/viewer-registration/XhEKf1Qy/register>

A recording of the presentation will be available on demand after the live event has concluded.

**For further information, please contact:**

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### **About Energy Holdings**

SED Energy Holdings Plc (ticker code "ENH") is a strong industrial partner with a diversified portfolio of resilient, cash-generative assets supported by a robust revenue backlog and a conservative capital structure. Energy Holdings' primary focus is on distributing all excess liquidity to shareholders, while also pursuing disciplined, value-accretive growth. For more information, please visit [www.energyholdings.cy](http://www.energyholdings.cy)