



CoreTherm® Concept – excellent option even in the treatment of very large prostate

Doctoral student Fredrik Stenmark defended his doctoral thesis "Transurethral microwave thermotherapy and transurethral resection of the prostate". In one of the studies in the thesis, the short- and long-term results of the treatment of prostates greater than 80 ml with ProstaLund's method CoreTherm® have been evaluated.

Many men with very large prostate glands (greater than 80 ml) are often offered open surgical procedures as the size of the gland makes them unsuitable for a TUR-P. This means that the surgeries are performed under general anesthesia, the men are sedated, with sometimes high risk of bleeding and other complications, in addition to one in many cases time-consuming and expensive surgery.

Fredrik Stenmark concludes in his study that CoreTherm® is an excellent alternative to open surgical intervention, especially suitable for older men. 570 men with benign prostate enlargement with prostate size greater than 80 ml (80-366 ml) treated with CoreTherm® between 1999-2015 have been followed until the end of 2019. Long-term follow-up (median time of 10 years) shows that only 12.5% of patients needed to be re-treated with surgery.

Johan Wennerholm, acting CEO ProstaLund comments: "Congratulations to Fredrik Stenmark on his doctoral thesis. Congratulations also to all men with greatly enlarged prostate who can now avoid a risky operation and instead be offered effective treatment in local anesthesia with CoreTherm® Concept with excellent results even in the long term."

For further information, please contact:

Johan Wennerholm, Acting CEO
Tel. +46 (0) 730 429997
Email: johan.wennerholm@prostalund.com



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About ProstaLund

ProstaLund AB is a Swedish medical technology company and a leading developer and manufacturer of innovative urological devices and treatments. The company's lead product, CoreTherm, is a patented Thermotherapy treatment method for Benign Prostatic Hyperplasia (BPH) which can be tailored to suit the needs of each individual patient. CoreTherm is used today in hospitals and clinics in Sweden and worldwide. ProstaLund is listed on the Nasdaq First North Growth Market.

Certified Adviser:

Västra Hamnen Corporate Finance AB

Phone: +46 40 200 250

E-mail: ca@vhcorp.se

Attachments

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