1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Joacim Holter		
2	Reason for the notification			
a)	Position/status	CEO of, and primary insider in, Lifecare ASA		
b)	Initial Notification / Amendment	Initial		
3	Details of the issuer			
a)	Name	Lifecare ASA		
b)	LEI	254900D88MYGZ7JD5P39		
4	Details of the transa	etails of the transaction:		
a)	Description of the financial instrument, type of instrument Identification code	Subscription rights in Lifecare ASA, with ISIN NO0013250563		
b)	Nature of the transaction	Allocation of subscription rights in rights issue		
c)	Price(s) and			
	volume(s)	Price	Volume(s)	
		NOK 0.00	128,262	
d)	Aggregated			
	information — Aggregated volume — Price	Price	Volume(s)	
		NOK 0.00	128,262	
e)	Date of the transaction	2024-05-30		
f)	Place of the transaction	Outside a trading venue		

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Cimter AS		
2	Reason for the noti	Reason for the notification		
a)	Position/status	A company closely associated with Joacim Holter, CEO of, and primary insider in, Lifecare ASA		
b)	Initial Notification / Amendment	Initial		
3	Details of the issuer			
a)	Name	Lifecare ASA		
b)	LEI	254900D88MYGZ7JD5P39		
4	Details of the transa	action:		
a)	Description of the financial instrument, type of instrument Identification code	Subscription rights in Lifecare A	ASA, with ISIN NO0013250563	
b)	Nature of the transaction	Allocation of subscription rights in rights issue		
c)	Price(s) and			
	volume(s)	Price	Volume(s)	
		NOK 0.00	582,813	
d)	Aggregated			
	information	Price	Volume(s)	
	AggregatedvolumePrice	NOK 0.00	582,813	
e)	Date of the transaction	2024-05-30		
f)	Place of the transaction	Outside a trading venue		

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Teigland Eiendom AS		
2	Reason for the noti			
a)	Position/status	A company closely associated with Trine Teigland, member of the board of directors of, and primary insider, in Lifecare ASA		
b)	Initial Notification / Amendment	Initial		
3	Details of the issuer			
a)	Name	Lifecare ASA		
b)	LEI	254900D88MYGZ7JD5P39		
4	Details of the trans			
a)	Description of the financial instrument, type of instrument Identification code	Subscription rights in Lifecare ASA, with ISIN NO0013250563		
b)	Nature of the transaction	Allocation of subscription rights in rights issue		
c)	Price(s) and			
	volume(s)	Price	Volume(s)	
		NOK 0.00	10,809,095	
d)	Aggregated			
	information — Aggregated	Price	Volume(s)	
		NOK 0.00	10,809,095	
	volume — Price			
e)	Date of the	2024-05-30		
,	transaction			
f)	Place of the transaction	Outside a trading venue		

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Hannibal Invest AS		
2	Reason for the noti	son for the notification		
a)	Position/status	A company closely associated with Hans Hekland, member of the board of directors of, and primary insider, in Lifecare ASA		
b)	Initial Notification / Amendment	Initial		
3	Details of the issuer			
a)	Name	Lifecare ASA		
b)	LEI	254900D88MYGZ7JD5P39		
4	Details of the transa	action:		
a)	Description of the financial instrument, type of instrument Identification code	Subscription rights in Lifecare AS	A, with ISIN NO0013250563	
b)	Nature of the transaction	Allocation of subscription rights in	rights issue	
c)	Price(s) and			
	volume(s)	Price	Volume(s)	
		NOK 0.00	21,888	
d)	Aggregated			
	information	Price	Volume(s)	
	AggregatedvolumePrice	NOK 0.00	21,888	
e)	Date of the transaction	2024-05-30		
f)	Place of the transaction	Outside a trading venue		

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Islay Venture GmbH		
2	Reason for the notification			
a)	Position/status	A company closely associated with Andreas Pfützner, CSO of, and primary insider, in Lifecare ASA		
b)	Initial Notification / Amendment	Initial		
3	Details of the issuer			
a)	Name	Lifecare ASA		
b)	LEI	254900D88MYGZ7JD5P39		
4	Details of the transa	of the transaction:		
a)	Description of the financial instrument, type of instrument Identification code	Subscription rights in Lifecare ASA, with ISIN NO0013250563		
b)	Nature of the transaction	Allocation of subscription rights in rights issue		
c)	Price(s) and			
	volume(s)	Price	Volume(s)	
		NOK 0.00	788,068	
d)	Aggregated			
	information	Price	Volume(s)	
	— Aggregated	NOK 0.00	788,068	
	volume — Price			
e)	Date of the	2024-05-30		
٠,	transaction	202.00		
f)	Place of the	Outside a trading venue		
	transaction	_		