

## Energy Holdings: Exercise of options and sale of shares by primary insider

**Nicosia, Cyprus – 10 March 2026. Marcus Chew, a primary insider in SED Energy Holdings Plc ("Energy Holdings" or the "Company"), has exercised 5,268,421 options granted under the Company's share option program, at an exercise price of NOK 2.0688 per option, and the board of directors of the Company has resolved to issue a corresponding number of shares in the Company to him for an aggregate price of NOK 10,899,309.**

The exercised options have been settled by the transfer of 6 treasury shares and the issuance of 5,268,415 new shares in the Company. Following the transfer and issuance of new shares, the Company holds 0 treasury shares and the Company's issued share capital is USD 138,938,063.73 divided into 623,152,967 ordinary shares of USD 0.19 par value and 108,100,000 Class B shares of USD 0.19 par value, totalling 731,252,967 shares outstanding. The Class B Shares are unlisted shares of a separate share class without voting rights but otherwise confer to their holders the same rights as ordinary shares.

In addition, Marcus Chew has sold 1,237,673 ordinary shares in the Company at an average price per share of NOK 9.0052 in the market. Following the transactions, Marcus Chew holds nil options and 10,755,277 shares in the Company.

Please refer to the attached PDMR Forms for further details.

For further information, please contact: [ir@energyholdings.cy](mailto:ir@energyholdings.cy)

This information is subject to the disclosure requirements pursuant to section 5-12 of the Norwegian Securities Trading Act and Article 19 of Regulation EU 596/2014 (the EU Market Abuse Regulation).

### **Attachments**

[PDMR Form SED Energy Holdings 031026](#)