

SED Energy Holdings Plc to present at the annual Pareto Energy Conference

Nicosia, Cyprus - 9 September 2025 - Kurt M. Waldeland, CEO of SED Energy Holdings Plc will present at the annual Pareto Energy Conference tomorrow, September 10, 2025, in Oslo, Norway.

A copy of the presentation is available on the company's website: www.energyholdings.cy/investors/presentations/

For more information, please contact:

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About Energy Holdings:

Energy Holdings is a strong industrial partner with a diversified portfolio of resilient, cash-generative assets supported by a conservative capital structure, a robust revenue backlog and a conservative capital structure. With a solid foundation for attractive capital returns, Energy Holdings' primary focus is on distributing all excess liquidity to shareholders, while also pursuing disciplined, value-accretive growth. Its current portfolio includes wholly owned subsidiaries Energy Drilling, a leading owner and operator of tender assisted drilling rigs, and SeaBird Exploration, a global provider of high-end 2D seismic services and source vessel solutions. For further information, please visit www.energyholdings.cy.