

SED Energy Holdings Plc: Invitation to presentation of third quarter results for 2025

Nicosia, Cyprus - November 19, 2025 - SED Energy Holdings Plc ("Energy Holdings") will publish its consolidated financial results for the third quarter of 2025 on Wednesday, November 26, 2025, at 06:00 CET.

A live audio webcast will be held the same day at 10:00 CET, hosted by Kurt M. Waldeland, CEO of Energy Holdings, Viggo Pedersen, CFO of Energy Drilling, and Sveinung Alvestad, CFO of SeaBird Exploration. The webcast will include a Q&A session, and participants may submit questions in writing at any time during the event.

The webcast can be accessed via the following link: <https://events.webcast.no/viewer-registration/Nqeajupw/register>

A recording will be available on demand after the live event has been concluded.

For further information, please contact: ir@energyholdings.cy

About Energy Holdings

SED Energy Holdings Plc (ticker code "ENH") is a strong industrial partner with a diversified portfolio of resilient, cash-generative assets supported by a robust revenue backlog and a conservative capital structure. Energy Holdings' primary focus is on distributing all excess liquidity to shareholders, while also pursuing disciplined, value-accretive growth. For more information, please visit www.energyholdings.cy.