

**NOTIFICATION OF TRANSACTIONS PURSUANT TO THE MARKET ABUSE
REGULATION ARTICLE 19**

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Joachim Nielsen	
2	Reason for the notification		
a)	Position/status	CEO	
b)	Initial notification/ Amendment	Initial Notification	
3	Details of the issuer		
a)	Name	Proximar Seafood AS	
b)	LEI	5493006J8UNWCDMAQW02	
4	Description of the financial instrument, type of instrument		
a)	Description of the financial instrument, type of instrument and identification code (ISIN)	Share options, each option giving the right to subscribe or purchase one ordinary share in the Company at an exercise price at NOK 3.59 ISIN: NO0010893902	
b)	Nature of transaction	Acceptance of share option	
c)	Price and volume	Price (NOK)	Volume
		0	2,400,000
d)	Aggregated information	2,400,000 options granted. Price: NOK 0	
e)	Date of transaction	2024-05-28	
f)	Place of transaction	Outside a trading venue (XOFF)	



1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Ole Christian Willumsen	
2	Reason for the notification		
a)	Position/status	CFO	
b)	Initial notification/ Amendment	Initial Notification	
3	Details of the issuer		
a)	Name	Proximar Seafood AS	
b)	LEI	5493006J8UNWCDMAQW02	
4	Description of the financial instrument, type of instrument		
a)	Description of the financial instrument, type of instrument and identification code (ISIN)	Share options, each option giving the right to subscribe or purchase one ordinary share in the Company at an exercise price at NOK 3.59 ISIN: NO0010893902	
b)	Nature of transaction	Acceptance of share option	
c)	Price and volume	Price (NOK)	Volume
		0	940,000
d)	Aggregated information	940,000 options granted. Price: NOK 0	
e)	Date of transaction	2024-05-28	
f)	Place of transaction	Outside a trading venue (XOFF)	



1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Dharma Rajeswaran	
2	Reason for the notification		
a)	Position/status	COO	
b)	Initial notification/ Amendment	Initial Notification	
3	Details of the issuer		
a)	Name	Proximar Seafood AS	
b)	LEI	5493006J8UNWCDMAQW02	
4	Description of the financial instrument, type of instrument		
a)	Description of the financial instrument, type of instrument and identification code (ISIN)	Share options, each option giving the right to subscribe or purchase one ordinary share in the Company at an exercise price at NOK 3.59 ISIN: NO0010893902	
b)	Nature of transaction	Acceptance of share option	
c)	Price and volume	Price (NOK)	Volume
		0	525,000
d)	Aggregated information	525,000 options granted. Price: NOK 0	
e)	Date of transaction	2024-05-28	
f)	Place of transaction	Outside a trading venue (XOFF)	



1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Lars Stigaard	
2	Reason for the notification		
a)	Position/status	CTO	
b)	Initial notification/ Amendment	Initial Notification	
3	Details of the issuer		
a)	Name	Proximar Seafood AS	
b)	LEI	5493006J8UNWCDMAQW02	
4	Description of the financial instrument, type of instrument		
a)	Description of the financial instrument, type of instrument and identification code (ISIN)	Share options, each option giving the right to subscribe or purchase one ordinary share in the Company at an exercise price at NOK 3.59 ISIN: NO0010893902	
b)	Nature of transaction	Acceptance of share option	
c)	Price and volume	Price (NOK)	Volume
		0	525,000
d)	Aggregated information	525,000 options granted. Price: NOK 0	
e)	Date of transaction	2024-05-28	
f)	Place of transaction	Outside a trading venue (XOFF)	



1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Vivian Lunde	
2	Reason for the notification		
a)	Position/status	Director ESG and Business Operations	
b)	Initial notification/ Amendment	Initial Notification	
3	Details of the issuer		
a)	Name	Proximar Seafood AS	
b)	LEI	5493006J8UNWCDMAQW02	
4	Description of the financial instrument, type of instrument		
a)	Description of the financial instrument, type of instrument and identification code (ISIN)	Share options, each option giving the right to subscribe or purchase one ordinary share in the Company at an exercise price at NOK 3.59 ISIN: NO0010893902	
b)	Nature of transaction	Acceptance of share option	
c)	Price and volume	Price (NOK)	Volume
		0	170,000
d)	Aggregated information	170,000 options granted. Price: NOK 0	
e)	Date of transaction	2024-05-28	
f)	Place of transaction	Outside a trading venue (XOFF)	



1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Marius F. Birkenes	
2	Reason for the notification		
a)	Position/status	Director Strategy	
b)	Initial notification/ Amendment	Initial Notification	
3	Details of the issuer		
a)	Name	Proximar Seafood AS	
b)	LEI	5493006J8UNWCDMAQW02	
4	Description of the financial instrument, type of instrument		
a)	Description of the financial instrument, type of instrument and identification code (ISIN)	Share options, each option giving the right to subscribe or purchase one ordinary share in the Company at an exercise price at NOK 3.59 ISIN: NO0010893902	
b)	Nature of transaction	Acceptance of share option	
c)	Price and volume	Price (NOK)	Volume
		0	170,000
d)	Aggregated information	170,000 options granted. Price: NOK 0	
e)	Date of transaction	2024-05-28	
f)	Place of transaction	Outside a trading venue (XOFF)	