

**Notification of transactions by persons discharging
managerial responsibilities and persons closely associated with them**

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	James O'Shaughnessy	
2	Reason for the notification		
a)	Position/status	Director of Frontline plc	
b)	Initial notification/ Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Frontline plc	
b)	LEI	5493004BCIKYU1YL3H63	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	<p>Synthetic options giving a right to cash settlements depending on the development of the company's share price.</p> <p>ISIN: CY0200352116</p>	
b)	Nature of the transaction	James O'Shaughnessy has on September 8 th , 2025, exercised 44,000 synthetic options in Frontline plc (the "Company") under its share option scheme approved by the Board of Directors of the Company on December 7, 2021. The exercise price will be NOK 16.75, adjusted from NOK 71 / NOK 76 due to \$5.35 dividend paid per share since the options were granted.	
c)	Price(s) and volume(s)	Price(s) NOK 227.72	Volume(s) 44,000 synthetic options
d)	Aggregated information — Aggregated volume — Price	44,000 synthetic options NOK 227.72	
e)	Date of the transaction	September 8 th , 2025	
f)	Place of transaction	Off market	