

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Teigland Eiendom AS	
2	Reason for the notification		
a)	Position/status	A company closely associated with Trine Teigland, member of the board of directors of, and primary insider, in Lifecare ASA	
b)	Initial Notification / Amendment	Initial	
3	Details of the issuer		
a)	Name	Lifecare ASA	
b)	LEI	254900D88MYGZ7JD5P39	
4	Details of the transaction:		
a)	Description of the financial instrument, type of instrument Identification code	Allocation of shares in Lifecare ASA, with ISIN NO0013355859 Allocation of Warrants Series 1, with ISIN NO0013709196 Allocation of Warrants Series 2, with ISIN NO0013709204	
b)	Nature of the transaction	Allocation of underwriting commission shares	
c)	Price(s) and volume(s)	Price	Volume(s) of shares
		NOK 0.5	480,000
		Price	Volume(s) of Warrants Series 1
		NOK 0.0	360,000
		Price	Volume(s) of Warrants Series 2
		NOK 0.0	360,000

d)	Aggregated information — Aggregated volume — Price	<table border="1"> <tr> <td data-bbox="507 234 959 276">Price</td><td data-bbox="959 234 1383 276">Volume(s) of shares</td></tr> <tr> <td data-bbox="507 276 959 318">NOK 240,000</td><td data-bbox="959 276 1383 318">480,000</td></tr> <tr> <td data-bbox="507 354 959 397">Price</td><td data-bbox="959 354 1383 397">Volume(s) Warrants Series 1</td></tr> <tr> <td data-bbox="507 397 959 439">NOK 0.00</td><td data-bbox="959 397 1383 439">360,000</td></tr> <tr> <td data-bbox="507 475 959 517">Price</td><td data-bbox="959 475 1383 517">Volume(s) Warrants Series 2</td></tr> <tr> <td data-bbox="507 517 959 559">NOK 0,00</td><td data-bbox="959 517 1383 559">360,000</td></tr> </table>	Price	Volume(s) of shares	NOK 240,000	480,000	Price	Volume(s) Warrants Series 1	NOK 0.00	360,000	Price	Volume(s) Warrants Series 2	NOK 0,00	360,000
Price	Volume(s) of shares													
NOK 240,000	480,000													
Price	Volume(s) Warrants Series 1													
NOK 0.00	360,000													
Price	Volume(s) Warrants Series 2													
NOK 0,00	360,000													
e)	Date of the transaction	2026-01-29												
f)	Place of the transaction	Outside a trading venue												