



H1 PRESENTATION

2026

Disclaimer

This presentation (the "Presentation") has been produced by Grieg Seafood ASA ("GSF") exclusively for information purposes and may not be copied, distributed, further disseminated or relied upon for any purpose by any person without our prior written consent.

This Presentation contains forward-looking statements regarding growth initiatives, outlook, strategy, objectives, beliefs and expectations of GSF and its subsidiaries (the "GSF Group") and the markets in which the GSF Group operates. Forward-looking statements include all statements that are not historical facts, and may be identified by words such as "anticipates", "believes", "expects", "intends", "plans", "projects", "seeks", "should", "will" or "may", or the negatives of these terms or similar expressions. These forward-looking statements are based on GSF's present plans, estimates, projections and expectations. They are based on certain expectations, which, even though they seem to be adequate at present, may turn out to be incorrect. Actual results and developments could differ materially from the forward-looking statements set out in the Presentation.

None of GSF, any of its subsidiaries or any such person's officers, employees or advisers provides any assurance that the assumptions underlying such forward-looking statements are free from errors, or accepts any responsibility for the future accuracy of the opinions expressed in this Presentation or the actual occurrence of the forecasted developments. This Presentation speaks as of the date noted below (except as stated otherwise), and none of GSF, any of its subsidiaries or any such person's officers, employees or advisers assumes any obligation to update any of the information contained herein or to correct any inaccuracies which may become apparent. No representation, warranty or guarantee (express or implied) is made as to the accuracy, completeness, or reasonableness, and no reliance should be placed on, the information including, without limitation, projections, estimates, targets and opinions, contained herein or any other written or oral communication transmitted or made to any person in connection with the information, and no liability whatsoever is accepted as to any errors, omissions or misstatements contained herein, and, accordingly, none of GSF, any of its subsidiaries or any such person's officers, employees or advisers accepts any liability whatsoever arising directly or indirectly from the use of this Presentation.

By attending or receiving this Presentation, the recipient acknowledges that it will be solely responsible for its own assessment of the market and the market position of the GSF Group, and that it will conduct its own investigations and analysis and be solely responsible for forming its own view of the potential future performance of the businesses of the GSF Group. This Presentation must be read in conjunction with the recent financial information and the disclosures therein and does not purport to contain all of the information that may be required or relevant to a recipient's valuation of GSF. Nothing in this Presentation, nor any other information provided to the recipient by GSF, any of its subsidiaries or any such person's officers, employees or advisers constitutes, or may be relied upon as constituting, investment advice or any financial, tax or legal advice by such persons or anybody else. By attending or receiving this Presentation, recipients hereof agree to be bound by the foregoing limitations. Any matter, claim or dispute arising out of in connection with this Presentation (whether contractual or non-contractual) shall be governed by Norwegian law and the recipients agree that these shall be finally settled by arbitration in Oslo in accordance with the Norwegian Arbitration Act of 14 May 2004 no. 25.

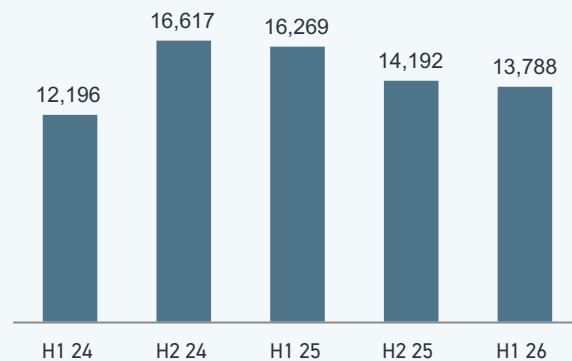
Agenda

- HIGHLIGHTS
- STRATEGIC TRANSFORMATION
- OPERATIONAL REVIEW
- FINANCIAL REVIEW
- FUTURE BUILDING BLOCKS
- APPENDIX

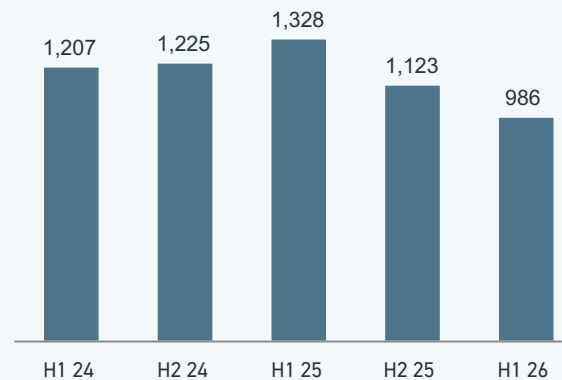
Highlights

- **Harvest volume** of 13,788 tonnes (16,269 tonnes)
- **Operational EBIT/kg** of NOK 0.6 for the first half year of 2026 from the Farming segment, and NOK 1.1 from the Sales and VAP segment
- **Continued strong freshwater production in Rogaland**, with average smolt size towards 1.3 kg in the first half year of 2026
- Challenging seawater production during the period
- **Entered second half of 2026 with close to maximum MAB capacity** following recovery from a challenging period
- The VAP facility at Gardermoen commenced production in early January 2026. **Ramp-up going into final stages, focusing on optimization**
- **50% of the feed price increase going into Q3 2026 absorbed** through targeted optimization initiatives, including introduction of land-based proteins
- The initial Hybrid Bond was refinanced through a structured process which secured a new and **improved finance structure with lower overall cost of capital**

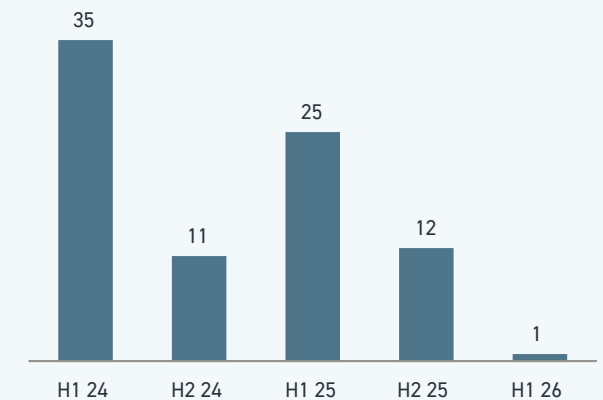
HARVEST VOLUME ROGALAND (TONNES GWT)



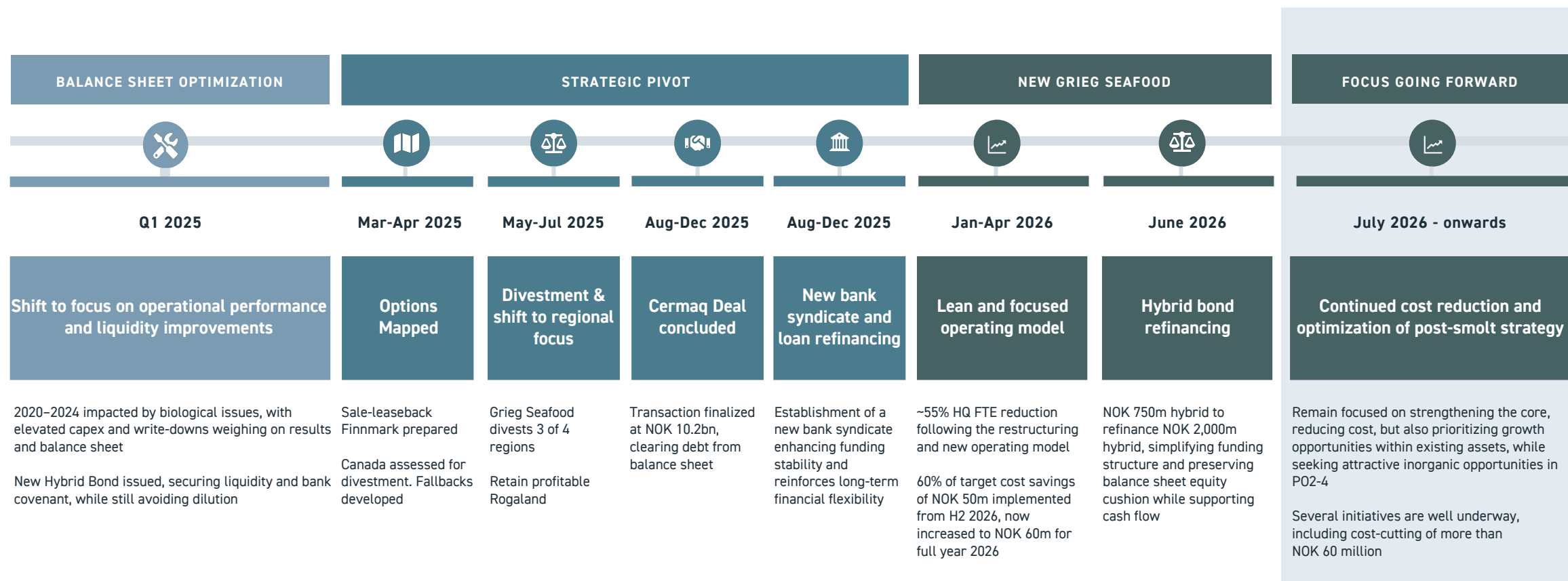
SALES REVENUES ROGALAND (NOK MILLION)



OPERATIONAL EBIT ROGALAND (NOK/KG)



Grieg Seafood has finalized its transition, and is now focusing on operational improvements and stability across the value chain



OPERATIONAL REVIEW



GSF Rogaland

Half-year performance

Strong freshwater performance during the period

- 2.9 million smolt released with an average input weight of 1.3 kg
- All freshwater facilities, incl. jointly-owned, have had good production during the first half-year
- Completed a cycle of a fully land-grown group of fish at the Årdal Aqua facility with a harvest volume of 610 tonnes GWT with 95% superior share

Challenging conditions and low superior share, but high MAB utilization at period-end

- Seawater production affected by biological conditions during Q1 2026, with spill-over effects into Q2 2026
- Led to decrease in superior share from 85% in H1 2025 to 63% in H1 2026. Challenges addressed going into H2 2026
- MAB utilization of 96% at period-end. Average weight of fish in sea around 3.2 kg going into H2

Farming cost at NOK 70.9/kg, full-year farming cost guiding maintained at NOK 67.5/kg

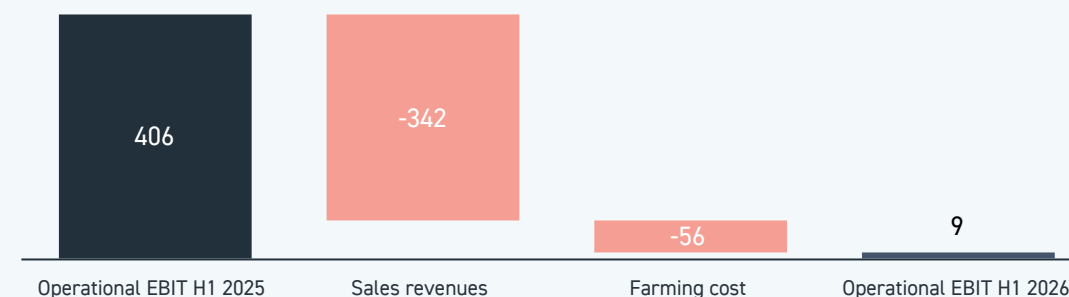
- Up from H1 2025 due to higher capitalized cost of the generation harvested in addition to increased cost of reduced survival
- Initiatives implemented to address cost increase seen in H1 2026
- Offsetting 50% of the feed price increase going into Q3 2026 through targeted optimization initiatives, including revision of main feed recipes and introduction of land-based proteins

Outlook

Estimated Q3 2026 harvest: 9,800 Estimated FY 2026 harvest: 31,000 tonnes

NOK million	YTD 2026	YTD 2025
Harvest volume (tonnes GWT)	13,788	16,269
Average harvest weight (kg)	4.8	5.1
Revenues	986.1	1,328.0
Operational EBIT	8.9	406.3
Farming cost/kg (NOK)	70.9	56.6
Operational EBIT/kg (NOK)	0.6	25.0

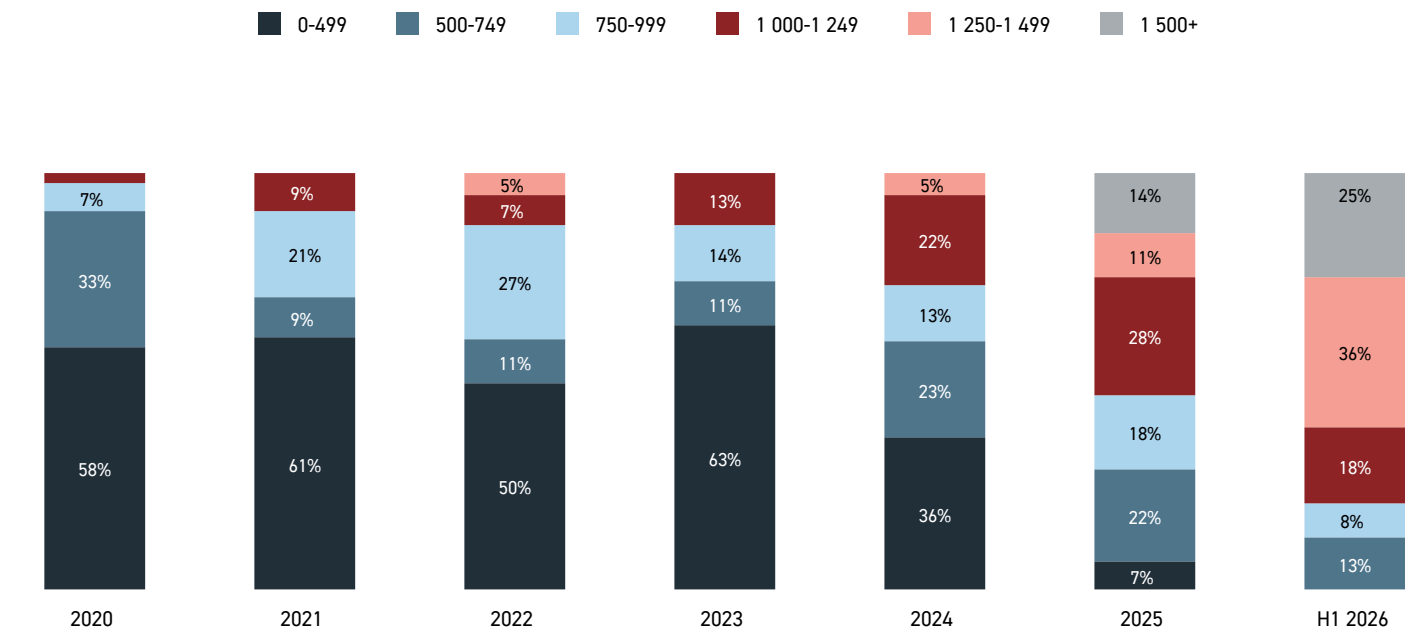
Operational EBIT-bridge, year-over-year (NOK million)



Post-smolt distribution continues to be tilted towards 1kg+, and freshwater capacity will now only be allocated to post-smolt production

Post-smolt distribution remains weighted towards higher average weights - a competitive advantage for future collaboration and consolidation. Data from more than 75 post-smolt groups will be leveraged to optimize the future post-smolt strategy

Learnings from the fully grown land-based harvest gave valuable insight, but yet profitable enough to compete with open-sea



% of smolt released to sea across different size ranges in grams average weights, shows significant shift in distribution towards larger fish

- **Årdal Aqua achieved strong growth performance** also for land-based salmon above 2 kg
- The facility demonstrated **best-in-class production efficiency, growth performance, fish size and stocking density** under the current production set-up
- **The purging process was successfully completed at sea**, with strong results
- **Fish transferred to sea achieved a 95% superior share and strong quality through harvest and further processing**
- Despite the strong biological and operational results, **farming cost remains too high to be competitive with conventional open-sea production**

GSF Sales and VAP

Half-year performance

Established as a separate operational segment

- H1 results includes figures from our sales operations and the VAP facility from 1 April 2026*

Earnings driven by downgraded fish, one-offs and softer market prices

- Positive EBIT contribution, however;
- Price achievement affected by a high share of downgraded fish, low market prices and currency fluctuations, partly offset by favorable fixed-price contracts and sales performance
- One-off ramp-up costs at the VAP facility and negative earnings driven by low capacity during the ramp-up period. Production at the facility is picking up speed

Outlook

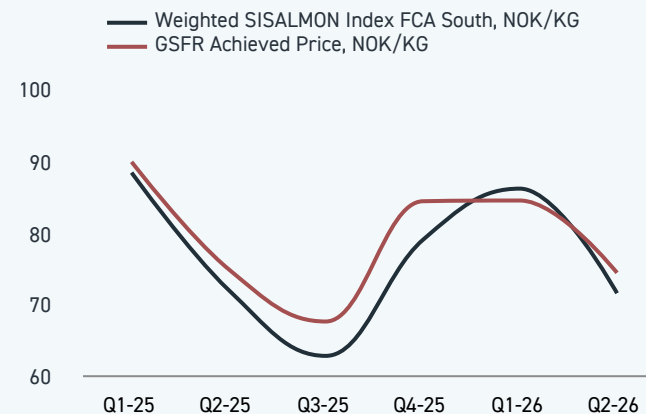
VAP facility is expected to support growth in value-added processing, positive development in operations going into H2 2026

Entered into agreement to **purchase up to 50% of the harvest volume from Lingalaks**

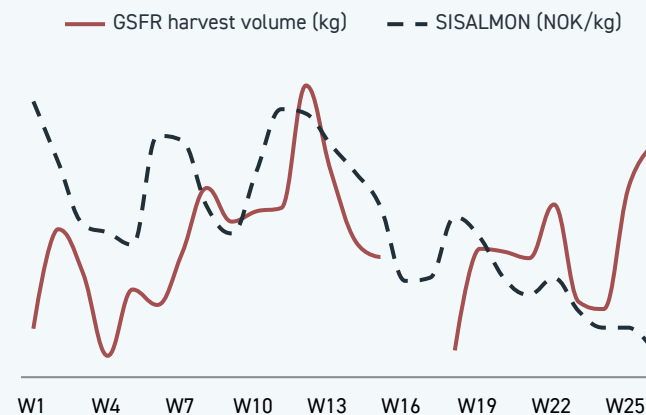
Expect a **positive contribution from fixed-price contracts** for the full year 2026

NOK million	YTD 2026	YTD 2025
Sales revenues	794.6	n/a
Operational EBIT	14.8	n/a
Operational EBIT/kg (NOK)	1.1	n/a
Contract share	30%	n/a

Price performance compared to SISALMON index



Price achieved is for all volume and all qualities- outperforms price benchmark last six quarters



Harvest timing strategy successfully deployed. with volumes focused on higher priced weeks of the period, however biological challenges provided higher volatility in performance

FINANCIAL REVIEW



Profit & loss

Sales revenues reduced from H1 2025, attributable to lower price achievement and higher share of downgrade

- Down 6% year-over-year
- High share of downgrade in a already soft price environment impacted price achievement significantly
- Lower harvest volume compared to H1 2025

Farming cost in H1 2026 was NOK 70.9 per kg, up NOK 14.2 per kg from H1 2025

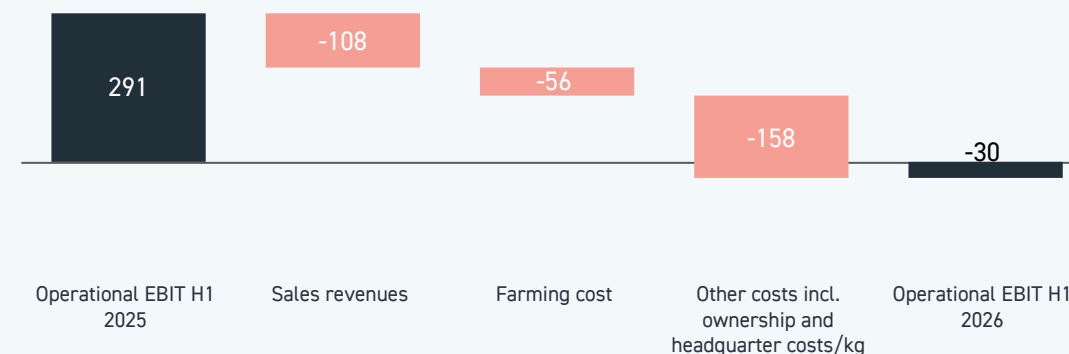
- Biological challenges in Q1 led to higher capitalized cost on generation which has also been harvested in Q2
- Combined with lower harvest volumes, adaption of harvest plan and increased cost, the farming cost was high for H1 as a whole

Headquarter cost reduction ahead of NOK 60 million target. Additional cost initiatives currently being explored and is expected to be implemented gradually into 2027

Operational EBIT of NOK -30 million (NOK -2.1 per kg), not satisfactory or representative for new Grieg Seafood

Profit & loss (NOK million)	YTD 2026	YTD 2025
Harvest volume tonnes GWT	13,788	16,269
Sales revenues	1,834.4	1,942.0
Operational EBIT*	-29.6	291.0
Production fee	-10.8	-16.7
Fair value adjustments of biological assets	-383.9	-264.9
EBIT	-424.3	9.5
Net financial items	15.6	-455.2
Profit before tax	-408.7	-445.7
Estimated taxation	263.3	105.1
Net profit for the period from continued operations	-145.4	-340.6
Net profit for the period from discontinued operations	—	-299.9
Net profit for the period	-145.4	-640.5

Operational EBIT-bridge, year-over-year (NOK/kg)



Cash flow

Net cash flow from operations NOK -108 million

- Operational EBITDA* NOK 48 million (NOK 349 million in H1 2025¹)
- Changes in working capital of NOK -257 million, incl. change in biomass of NOK 67 million

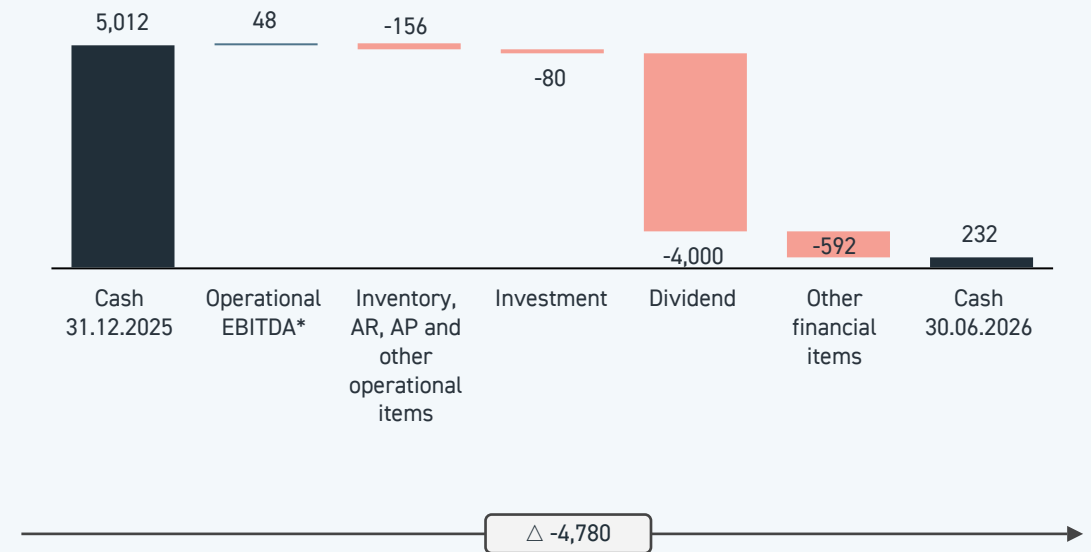
Net cash flow from investment activities NOK -80 million

- Capex investments of NOK 35 million. Capex estimate for FY 2026 reduced from NOK 150 million to NOK 105 million for Rogaland
- Participation in Årdal Aqua's capital increase of NOK 44.5 million

Net cash flow from financing NOK -4,567 million

- Dividend payment of NOK 4,000 million
- Refinancing of the Group's capital structure net of NOK 339 million
- Hybrid dividends paid to hybrid owners, totaling NOK 101 million

Changes in cash and cash equivalents (NOK million)



¹ H1 2025 includes figures from discontinued operations

Net interest-bearing debt

Net increase in NIBD of NOK 3,721 million mainly due to dividend distribution

- Operations with a negative impact on NIBD during the period due to weak earnings and higher working capital tie-up, partly off-set by biomass reduction in sea
- Dividend payment of NOK 4 billion during the period
- Initial hybrid bond of NOK 2 billion refinanced with a new hybrid bond of NOK 750 million
- Repayment of NOK 250 million bridge loan
- New financing agreement in place with SEB and Nordea, providing a NOK 2 billion revolving credit facility. NOK 1,200 million utilized at 30 June 2026. NOK 100 million available in separate overdraft facility

Free liquidity consists of cash holdings at a total of NOK 1,132 million at 30 June 2026

Movements in net interest-bearing debt ex. IFRS 16 (NOK million)



Capital structure (NOK million)	30.06.2026
Hybrid bond redemption liability	87
Other borrowings including syndicated revolving facility	1,210
Lease liabilities (incl IFRS 16)	485
Gross interest bearing liabilities	1,781
Cash and loans to associates	-240
NIBD* incl IFRS 16	1,542
Lease liabilities (IFRS 16)	-297
NIBD* excl IFRS 16	1,245
Deduction for hybrid bond redemption liability**	-87
NIBD adjusted*	1,158
 Free liquidity- Cash and cash equivalents	 1,132

Capital allocation strategy to be more cautious due to current operating environment

1

Grieg Seafood still maintains a robust balance sheet...

- However, the **carrying value of farming licenses is only NOK 254 million**, significantly below their estimated underlying market value of several billion NOK
- As the market value of licenses are not reflected, **reported equity and key balance sheet ratios are more sensitive** to fluctuations in earnings

2

...Opportunities in the industry requires Grieg Seafood to create more headroom in the balance sheet

- Grieg Seafood has a clear priority to strengthen its core operations, while also **seeking strategic growth opportunities in P02-4**
- **The strategic priorities going forward requires additional headroom in the balance sheet**, and as a consequence Grieg Seafood will prioritize debt repayment

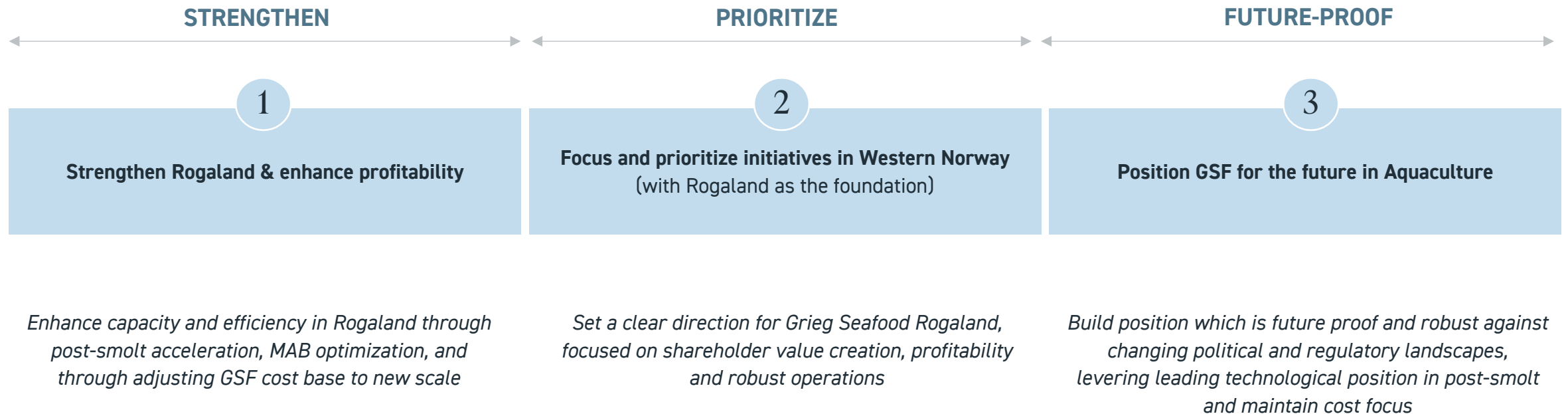
3

...as well as maintaining sufficient flexibility to manage increased volatility and uncertainty across a range of risks

- **Capital allocation strategy must therefore reflect a wider range of downside scenarios** and preserve financial flexibility
- **This includes political and regulatory uncertainty** that may increase volatility in earnings, cash flow and asset values

As such, Grieg Seafood ASA will adhere to a more cautionary capital allocation strategy in the short-medium term

Key strategic building blocks



Capital Markets Day

27 April 2027

- Grieg Seafood is pleased to invite shareholders, partners, analysts and other stakeholders to a **Capital Markets Day on 27 April 2027**
- Invitations for physical attendance will be shared in due course. The event will also be **streamed online** for those unable to attend in person
- Further information regarding the **agenda, programme and key topics** will be provided closer to the event





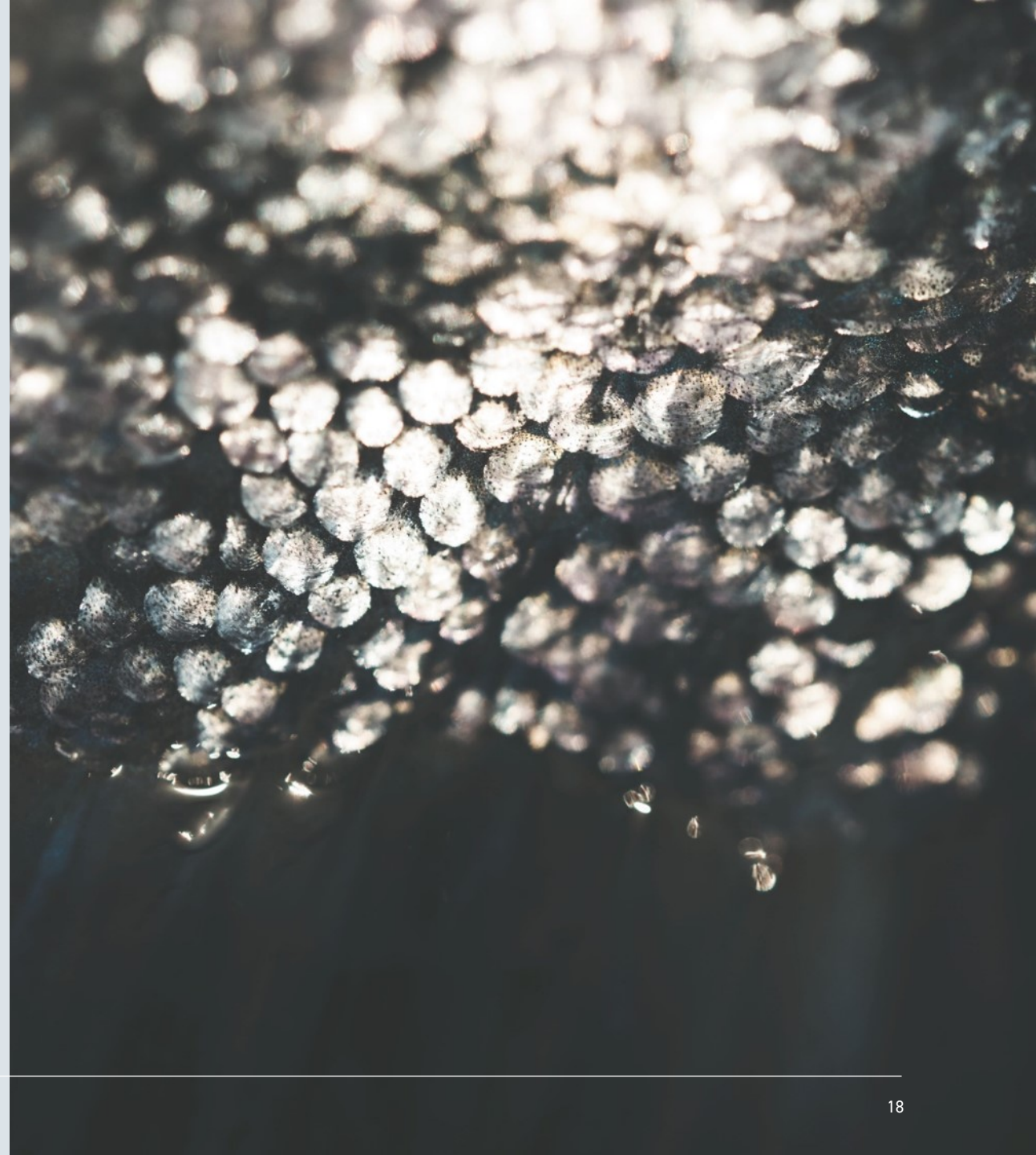
UPCOMING FINANCIAL RESULTS

12 November 2026 Q3 2026 Extended trading update

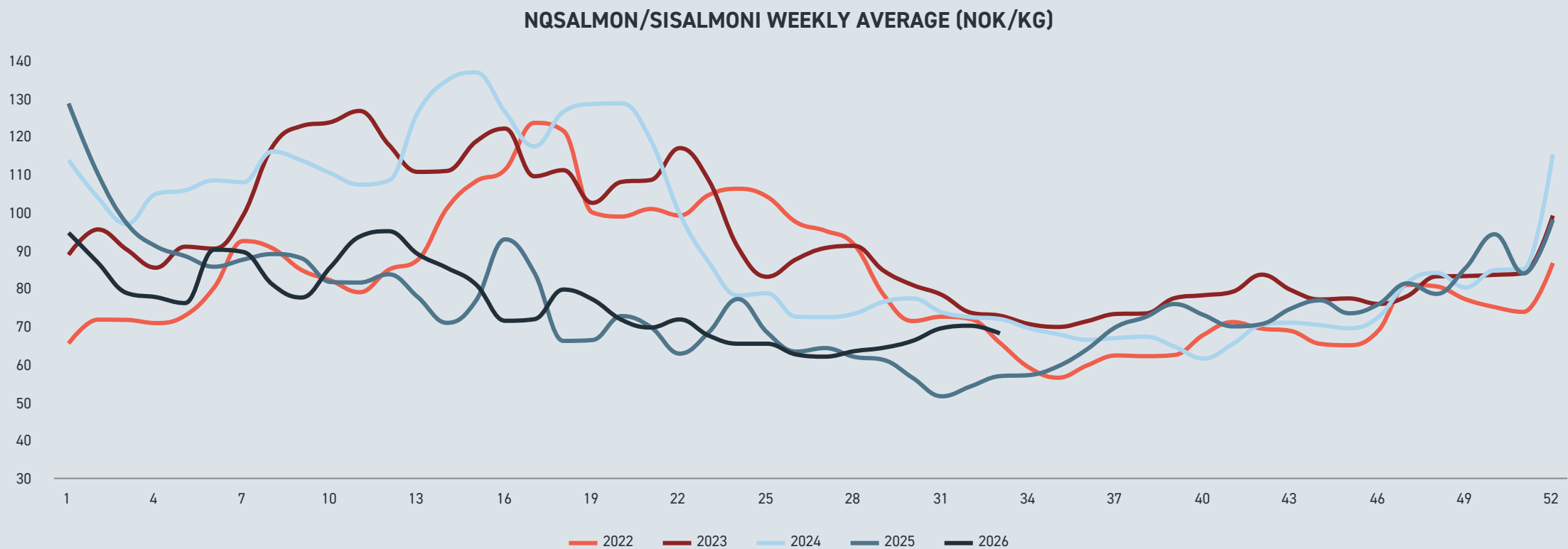
The Company reserves the right to make amendments to the financial calendar

APPENDIX

Q2 2026



Spot market price development



The chart graphs weekly average prices for NQSALMON up until week 31/2024, and SISALMONI from week 32/2024.

Profit & loss

GRIEG SEAFOOD GROUP NOK 1 000	YTD 2026	YTD 2025
<i>Continued operations</i>		
Sales revenues	1,834,372	1,941,964
Other income	-17,047	-6,684
Share of profit from associates	11,659	6,859
Raw materials and consumables used	-1,166,759	-987,539
Salaries and personnel expenses	-148,289	-183,935
Other operating expenses	-465,929	-421,816
Depreciation property, plant and equipment	-77,167	-56,696
Amortization licenses and other intangible assets	-460	-1,104
Production fee	-10,760	-16,666
Fair value adjustment of biological assets	-383,943	-264,899
EBIT (Earnings before interest and taxes)	-424,323	9,484
Net financial items	15,587	-455,165
Profit before tax	-408,736	-445,681
Estimated taxation	263,309	105,071
Net profit for the period from continued operations	-145,427	-340,611
<i>Discontinued operations</i>		
Net profit for the period from discontinued operations	—	-299,931
Net profit for the period	-145,427	-640,542
<i>Dividend declared per share (NOK)</i>	35.6	—

Comprehensive income

GRIEG SEAFOOD GROUP NOK 1 000	YTD 2026	YTD 2025
Net profit for the period	-145,427	-640,542
<i>Net other comprehensive income to be reclassified to profit/loss in subsequent periods</i>		
Currency effect on investment in subsidiaries	-467	149,871
Currency effect on loans to subsidiaries *)	—	-295,106
Tax effect	—	64,923
Other comprehensive income for the period, net of tax	-467	-80,311
Total comprehensive income for the period	-145,894	-720,853
<i>Allocated to</i>		
Owners of Grieg Seafood ASA	-145,894	-720,853

*) From 1 of January 2025 the internal loan to Newfoundland Ltd Group is defined as net investment. The currency effect is recognized in other comprehensive income.

Financial position: Assets

GRIEG SEAFOOD GROUP NOK 1 000	30.06.2026	30.06.2025	31.12.2025
ASSETS			
Goodwill	20,463	20,463	20,463
Licenses	253,635	206,393	253,635
Other intangible assets	1,553	5,278	1,889
Property, plant and equipment incl. right-of-use assets	1,209,064	836,466	1,189,108
Indemnification assets	—	40,000	—
Investments in associates	279,626	221,432	223,517
Other non-current receivables	7,714	6,000	7,684
Total non-current assets continued operations	1,772,054	1,336,032	1,696,296
Inventories	123,463	101,101	140,613
Biological assets excl. the fair value adjustment	1,193,444	1,006,146	1,260,266
Fair value adjustment of biological assets	-173,705	3,456	259,406
Trade receivables	133,626	59,742	196,963
Other current receivables, derivatives and financial instruments	242,755	308,111	136,938
Cash and cash equivalents	232,065	115,426	5,011,759
Total current assets continued operations	1,751,648	1,593,982	7,005,945
Assets held for sale	—	8,869,168	—
Total assets	3,523,702	11,799,181	8,702,241

Financial position: Equity and liabilities

GRIEG SEAFOOD GROUP NOK 1 000	30.06.2026	30.06.2025	31.12.2025
EQUITY AND LIABILITIES			
Share capital	453,788	453,788	453,788
Treasury shares	-4,818	-4,812	-4,818
Contingent consideration	—	701,535	—
Hybrid Bond	742,584	2,010,360	—
Retained earnings and other equity	-201,579	2,064,656	4,052,953
Total equity	989,975	5,225,527	4,501,923
Deferred tax liabilities	194,923	8,771	461,129
Share based payments	254	14,496	3,673
Borrowings and lease liabilities	1,594,752	2,903,141	408,882
Other non-current liabilities	12,472	—	—
Total non-current liabilities continued operations	1,802,400	2,926,409	873,684
Current portion of borrowings and lease liabilities	180,533	992,153	2,440,518
Trade payables	293,360	396,783	458,512
Other current liabilities, derivatives and financial instruments	257,433	263,159	427,604
Total current liabilities continued operations	731,326	1,652,095	3,326,634
Liabilities directly associated with the assets held for sale	—	1,995,150	—
Total liabilities	2,533,726	6,573,654	4,200,318
Total equity and liabilities	3,523,702	11,799,181	8,702,241

Cash flow

GRIEG SEAFOOD GROUP NOK 1 000	YTD 2026	YTD 2025
EBIT (Earnings before interest and taxes)	-424,323	-781,058
Depreciation, amortization and write-down	77,628	321,305
Gain/loss on sale of property, plant and equipment	—	-27
Share of profit from associates	-11,659	6,587
Fair value adjustment of biological assets	383,943	1,011,383
Change inventory excl. fair value, trade payables and rec.	-257,191	-4,024
Other adjustments	126,718	-36,512
Taxes paid	-2,939	-8,334
Net cash flow from operating activities	-107,824	509,320
Proceeds from sale of non-cur. tangible and intangible assets	—	368
Payments on purchase of non-cur. tangible and intangible assets	-35,203	-384,740
Investment in associates and other invest.	-44,450	5,725
Net cash flow from investing activities	-79,653	-378,646
Net changes in interest-bearing debt ex. lease liabilities	—	-1,602,550
Proceeds from issue of hybrid bond	733,500	1,970,638
Proceeds of long-term int. bearing debt	1,200,000	—
Repayment long-term int. bearing debt	-2,022,805	—
Repayment short-term int. bearing debt	-250,000	—
Repayment lease liabilities	-54,059	-154,389
Net interest and other financial items	-71,967	-227,412
Dividend paid to hybrid owners	-101,478	-52,499
Dividends paid to shareholders	-4,000,000	—
Net cash flow from financing activities	-4,566,809	-66,213
Net change in cash and cash equivalents	-4,754,286	64,461
Cash and cash equivalents - opening balance	5,011,759	202,979
Currency translation of cash and cash equivalents	-25,409	-13,636
Cash and cash equivalents - closing balance	232,065	253,803

The cash flow statement includes both continuing and discontinued operations in the comparative period.

Share information

Number of shares

- 113,447,042 shares incl. treasury shares

Last issues

- Q2 2020 - NOK 7 million in new shares issued (contribution in kind, related to the Grieg Newfoundland-transaction)
- Q2 2009 - NOK 139 million in new shares issued

Subordinated convertible bond issued in Q1 2009

- 100 million converted at NOK 4.0 per share within 31 December 2010
- 85% converted in Q2 2009, 15% in Q3 2009

Share savings program for the employees

- To strengthen culture and encourage loyalty by offering employees to become shareholders in Grieg Seafood
 - Transferred a total of 78.506 treasury shares to employees between Q4 2018 and Q4 2020
 - Transferred 38,513 treasury shares to employees in Q4 2021
 - Transferred 96,150 treasury shares to employees in Q4 2022
 - Transferred 704 treasury shares to employees in Q1 2023
 - Transferred 107,473 treasury shares to employees in Q4 2023
 - Transferred 110,565 treasury shares to employees in Q4 2024

EPS

- EPS from continuing operations (Basic and diluted) excl. hybrid interest: -1.3 NOK/share in H1 2026 (-3.0 in H1 2025)
- EPS from continuing operations (Basic and diluted) incl. hybrid interest: -2.2 NOK/share in H1 2026 (-3.6 in H1 2025)
- EPS per share - total (Basic and diluted): -2.2 NOK/share in H1 2026 (-6.3 in H1 2025)

Share price

- NOK 27.3 at period-end H1 2026
- NOK 38.0 at period-end H1 2025

THE 20 LARGEST SHAREHOLDERS IN GRIEG SEAFOOD ASA AT 30.06.2026	NO. OF SHARES	SHARE-HOLDING
Grieg Aqua AS	56,914,355	50.17%
OM Holding AS	6,447,076	5.68%
Folketrygdfondet	1,924,324	1.70%
Ystholmen Felles AS	1,923,197	1.70%
Vanguard	1,667,785	1.47%
American Century Investment Management	1,392,246	1.23%
Grieg Seafood ASA	1,204,603	1.06%
Per Grieg Jr	1,011,772	0.89%
Riiber Holding AS	1,007,286	0.89%
Dimensional Fund Advisors	890,684	0.79%
SIA Funds AG	845,044	0.74%
Hans Michael Hansen	837,684	0.74%
Jakob Hatteland	825,069	0.73%
Lofotlaks AS	650,000	0.57%
Zee Ploeg AS	646,130	0.57%
Dr. Peterreins Portfolio Consulting GmbH	600,000	0.53%
Øyvinn A. Brøymer with companies	600,000	0.53%
Amundi	534,623	0.47%
Landesbank Baden-Württemberg	534,159	0.47%
Niche Asset Management	493,281	0.43%
Total 20 largest shareholders	80,949,318	71.35%
Total others	32,497,724	28.65%
Total number of shares	113,447,042	100.00%

