

## SED Energy Holdings Plc: USD 40 million cash distribution proposed

**Nicosia, Cyprus - May 28, 2025 - SED Energy Holdings Plc ("Energy Holdings" or the "Company") today announces that the Board of Directors has proposed a cash distribution of USD 40 million estimated to NOK 0.56 per share (the "Distribution"), to be classified as a return of paid in capital for accounting purposes.**

The Distribution is subject to approval by shareholders at the Annual General Meeting (AGM), with details of the meeting to be communicated in the forthcoming Notice of AGM. The NOK per share amount is estimated based on NOKUSD 10.1288 as of May 27, 2025. The Company will return with the specifics including record date, payment schedule and final FX rate in due time.

For more information, please contact:

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### **About Us**

SED Energy Holdings Plc (ticker code "ENH") is an industrial investor focused on owning and developing leading businesses in the energy sector. The company targets predictable cash flows, attractive shareholder distributions and selective growth through value-accretive investments. Its current portfolio consists of Energy Drilling, a leading owner and operator of tender-assisted drilling rigs, and SeaBird Exploration, a global provider of marine seismic data acquisition services to the oil and gas industry. Energy Holdings is listed on Euronext Oslo Børs. For more information, please visit [www.energyholdings.cy](http://www.energyholdings.cy).

*This information is subject to disclosure under the Norwegian Securities Trading Act, §5-12. The information was submitted for publication at 2025-05-28 06:00 CEST.*