

Physitrack Plc Announces Update on Publication of Annual Report

Physitrack PLC (Nasdaq First North: PTRK) (“Physitrack” or the “Company”) announces an update regarding the timing of the publication of its Annual Report for the financial year ended 31 December 2025.

London, 6 March 2026

Further to the Company’s announcement on 26 February 2026 regarding the publication of the Annual Report, the audit process is taking slightly longer than anticipated as the Company’s auditors complete their final internal procedures.

The Company now expects to publish the Annual Report in the early part of next week.

The Board confirms that no material audit issues have been identified and that there are no outstanding matters relating to the Company’s financial performance or financial position. The revised timing relates solely to the completion of final internal audit quality control procedures and formal file closure prior to signing.

The Company will announce the exact publication date of the Annual Report once the audit process has been formally concluded.

Enquiries regarding this announcement should be addressed to:

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About Physitrack

Physitrack PLC, founded in 2012, is a global digital healthcare provider, focused on the B2B wellness and virtual-first care markets. With staff with 12 nationalities on four continents, customers in 17 time zones, and end users in 187 countries, Physitrack is a truly global company.

The company has two business lines:

1. Lifecare – SaaS platform tailored mainly to physiotherapy and musculoskeletal care, enabling practitioners to deliver clinical home exercises, education prescription, outcomes tracking, triaging and Telehealth.
2. Wellness / Champion Health – SaaS platform for Employee Wellness and care powered by a combination of world-leading technology and wellness professionals based in the United Kingdom, Germany and the Nordics.

Physitrack PLC is headquartered in London, United Kingdom, and listed on Nasdaq First North Premier Growth Market (PTRK).

Visit us at

<https://physitrackgroup.com/> (investor relations)

<https://physitrack.com> (product marketing)

About Champion Health

Champion Health, a subsidiary of Physitrack Plc, is a leader in corporate wellness technology, providing an innovative platform that empowers businesses to support their employees' well-being through personalised wellness action plans and advanced analytics.

Visit us at

<https://championhealth.co.uk/>

Attachments

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