

SED Energy Holdings Plc: MANDATORY NOTIFICATION OF TRADE

Pursuant to the Market Abuse Regulation article 19, SED Energy Holdings Plc (the “Company”), hereby notify receipt of information of the following transactions made by persons discharging managerial responsibilities in the Company and persons closely associated with them in the Company’s shares and other financial instruments linked thereto.

1	Details of the primary insider / person closely associated					
a)	Name	Marcus Chew				
2	Reason for the notification					
a)	Position/status	Member of Board of Directors				
b)	Initial notification /Amendment	Initial Notification				
3	Details of the issuer					
a)	Name	SED Energy Holdings Plc				
b)	LEI	213800ED88L967PGFK25				
4.1	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument and identification code	Options linked to ordinary shares in SED Energy Holdings Plc ISIN: CY0101162119				
b)	Nature of the transaction	Exercise of options				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s) in NOK</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td>2.0688</td> <td>5,268,421</td> </tr> </tbody> </table>	Price(s) in NOK	Volume(s)	2.0688	5,268,421
Price(s) in NOK	Volume(s)					
2.0688	5,268,421					
d)	Aggregated information - Aggregated volume - Price	5,268,421 NOK 10,899,309				
e)	Date of the transaction	10 March 2026				
f)	Place of the transaction	Outside a trading venue				

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a)	Name	SED Energy Holdings Plc					
b)	LEI	213800ED88L967PGFK25					
4.1	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument and identification code	Ordinary shares in SED Energy Holdings Plc ISIN: CY0101162119					
b)	Nature of the transaction	Sale of ordinary shares					
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s) in NOK</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td>9.0052</td> <td>1,237,673</td> </tr> </tbody> </table>	Price(s) in NOK	Volume(s)	9.0052	1,237,673	
Price(s) in NOK	Volume(s)						
9.0052	1,237,673						
d)	Aggregated information - Aggregated volume - Price	1,237,673 NOK 11,145,492.90					
e)	Date of the transaction	10 March 2026					
f)	Place of the transaction	Outside a trading venue					