



**PRESS RELEASE**  
21 January 2026 08:30:00 CET

## **H100 Group AB: Primary Insider Share Purchase Notice**

H100 Group AB (“**H100**” or the “**Company**”) announces that primary insiders have acquired shares in the Company. On 20 January 2026, Johannes Wiik, CEO of H100, has acquired a total of 22,000 shares in H100 at an average price of SEK 1,99 per share.

Following this transaction, Johannes Wiik holds a total of 61,589 shares in the Company.

### **Contact**

---

Johannes Wiik, CEO H100 Group AB  
E-mail: [jw@h100.com](mailto:jw@h100.com)

### **About H100 Group**

---

H100 Group AB is a health technology company operating in the health and longevity sector, combined with an active Bitcoin Treasury Strategy. The company is the first and largest Bitcoin treasury company in the Nordics, with 1,046 bitcoin held on its balance sheet.

H100’s health technology business is focused on supporting providers of health and lifestyle services through AI-powered automation, digital growth tools, and integrated platform solutions. The company’s mission is to enable scalable, data-driven health services and to help people live healthier lives to 100 and beyond.

The company is listed on NGM Nordic SME. For more information, visit [www.h100.group](http://www.h100.group).