

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Morten Foros Krohnstad	
2	Reason for the notification		
a)	Position/status	Chair of the Board and primary insider of Lifecare ASA	
b)	Initial Notification / Amendment	Initial	
3	Details of the issuer		
a)	Name	Lifecare ASA	
b)	LEI	254900D88MYGZ7JD5P39	
4	Details of the transaction:		
a)	Description of the financial instrument, type of instrument Identification code	Purchase of Warrants Series 1, with ISIN NO0013709196	
b)	Nature of the transaction	Purchase of warrants	
c)	Price(s) and volume(s)	Price	Volume(s) of Warrants Series 1
		NOK 0.004	600,000
d)	Aggregated information — Aggregated volume — Price	Price	Volume(s) Warrants Series 1
		NOK 2,400	600,000
e)	Date of the transaction	2026-03-06	
f)	Place of the transaction	Oslo Børs	